

ARTS/CRAFTS

Copper Country Community Arts Center

126 Quincy Street, Hancock 49930
482-2333; ccarts@chartermi.net
www.coppercountryarts.com

The non-profit Copper Country Community Arts Center features three galleries: the Artists' Market Sales Gallery, the Kerredge Gallery, and the Youth Gallery. CCCAC also hosts art classes, workshops, and other community events. Hours: Tuesday-Friday 10 a.m. to 6 p.m., Saturday 1-5 p.m.

Omphale Gallery

431 Fifth Street, Calumet 49913
337-2036
<http://omphale.org/>

Not-for-profit cooperative gallery focusing on contemporary art. Monthly exhibits; space for classes. Open Mon, Wed, Fri 10-4 and Sat 12-4.

Vertin Gallery

220 Sixth Street, Calumet 49913
337-2200
<http://vertingallery.com>

Artists' studio and gallery with rotating exhibits. Holds occasional classes. Affiliated with Vertin Press. Open Mon-Thu, Sat 10-5, Fri 10-9, Sun 12-5.

BIBLIOGRAPHY

Animal, Vegetable, Miracle: A Year of Food Life, by Barbara Kingsolver. The author and her family spend a year eating what they can grow themselves or buy locally; includes recipes.

Better Off: Flipping the Switch on Technology, by Eric Brede (Harper Perennial, 2004). A wonderfully written memoir of the year the author and his spouse lived with a non-electric religious community; includes a summary of

The Consumer's Guide to Effective Environmental Choices: Practical Advice from the Union of Concerned Scientists, by Michael Brower and Warren Leon (New York, NY: Three Rivers Press, 1999). Paper or plastic? An honest look at which lifestyle choices really matter to the environment.

Deep Economy: The Wealth of Communities and the Durable Future by Bill McKibben (Henry Holt, 2007). Advocates moving beyond "economic growth" to pursue true prosperity on the local level.

Divorce Your Car! Ending the Love Affair with the Automobile, by Katie Alvord (Gabriola Island, BC: New Society Publishers, 2000). Packed with tips on how to drive less, and why doing so can be fun, healthy, money-saving, and helpful to the planet.

Epicurean Simplicity, by Stephanie Mills (Washington, DC: Island Press, 2002). A beautifully written examination of the pleasures of the simple life in northern lower Michigan.

The Low Carbon Diet: A 30-Day Program to Lose 5000 Pounds, by David Gershon (Woodstock, NY: Empowerment Institute, 2006). A program of simple but effective steps to reduce personal carbon emissions.

The Natural Step for Communities: How Cities and Towns can Change to Sustainable Practices, by Sarah James and Torbjorn Lahti (Gabriola Island, BC: New Society Publishers, 2000). Provides examples of communities that have made significant changes toward sustainability, with ideas about how others can do the same.

The Party's Over: Oil, War and the Fate of Industrial Societies, by Richard Heinberg (Gabriola Island, BC: New Society Publishers, 2003). A thorough treatise on peak oil, including history of oil use and likely effects of oil depletion.

Plenty: One Man, One Woman, and a Raucous Year of Eating Locally, by Alisa Smith and J.B. MacKinnon. The subtitle says it all.

Prescriptions for a Healthy House: A Practical Guide for Architects, Builders, and Homeowners, by Paula Baker Laporte, Eric Elliott, MD, and John Banta (Gabriola Island, BC: New Society Publishers, 2001). One of the best resources around on non-toxic building practices.

Radical Simplicity: Small Footprints on a Finite Earth, by Jim Merkel (Gabriola Island, BC: New Society Publishers, 2003). A guide to establishing and then reaching a personal sustainability goal.

BOOKS / MEDIA

Artis Books & Antiques

429 Fifth Street
Calumet, MI 49913
906-337-1534
Email <artisbooks@charter.net>

Locally-owned seller of used books.

Backroom Multi Entertainment

109 Sheldon Avenue
Houghton, MI 49931
906-482-0637

Locally-owned seller of used books, audio-visual media, and more.

The Bookworm

902 Razorback Drive
Houghton, MI 49931
482-0872

Locally-owned seller of used books; rents audio books.

Keweenaw Now

Community news website
Hancock, MI 49930
<http://keweenawnow.blogspot.com>
Email andersm@pasty.com

Covering local news and events since 2001. Includes coverage of art events, environmental issues, sustainability and more.

North Wind Books

437 QuincyStreet
Hancock, MI 49930
906-487-7217

Founded in Eagle Harbor, now affiliated with Finlandia University. Sells new books, including many of local interest and by local authors.

Portage Lake District Library

58 Huron Street
Houghton, MI 49931
906-482-4570
www.pldl.org

Open to public M, Th, F 10a.m. – 9 p.m.; T, W 10 a.m. – 5 p.m.; Sat 10 a.m. – 3 p.m.; closed Sunday. Library cards free for residents of City of Houghton, Chassell Township, and Portage Township; others pay non-resident fee. Provides public Internet access. Online catalog access at www.pldl.org/catalog.php .

Van Pelt Library, Michigan Technological University

1400 Townsend Drive
Houghton, MI 49931
906-487-2508
www.lib.mtu.edu

Open to public; hours vary with academic terms. Provides public Internet access. Online catalog access at www.catalog.lib.mtu.edu .

BUILDING PRODUCTS

Local, sustainable

Horner Flooring

P.O. Box 380
23400 Hellman Drive
Dollar Bay, MI 49922
(906) 482-1180
<www.hornerflooring.com>

Manufacturer of hardwood flooring (specializes in sports floors but also supplies residential construction). Certified by "Smartwood," an arm of the Forest Stewardship Council. Founded in Reed City, MI in 1891; headquartered in Dollar Bay since 1931.

Non-toxic

Safe Building Solutions

W292s4498 Hillside Rd
Waukesha, WI 53189
(262) 968-5070
800-697-5371
www.safebuildingsolutions.com

Offers a full range of non-toxic building products, including solvent-free paints, green flooring options, formaldehyde-free insulation, recycled glass countertops, and non-toxic cabinetry. Possibly the closest retail outlet with a full line of non-toxic building products.

Re-used, recycled

Habitat for Humanity Restore

3061 U.S. Highway 41 S
Marquette, MI 49855
906-249-4416

<http://www.mqthabitat.org/restore.html>

Sells seconds, overstocks, used and discontinued building materials, appliances, furniture, and more. Items are donated by individuals, manufacturers, retail stores and contractors. Proceeds go toward building Habitat homes in Marquette County. Open Mon - Fri 10 a.m. - 6 p.m. and Sat 10 a.m. - 4 p.m.

COMING:
Houghton area Habitat for Humanity Restore

Top 5 Tips for Building Green

(from www.safebuildingsolutions.com)

- 1. Remodel an Existing Home** – Even a total remodel of a home will save a large percentage raw materials.
- 2. The Not-So-Big Home** – If remodeling is not an option, design and build a smaller, higher quality home.
- 3. Use Green Materials** -- In either of the first two, eliminate the use of hazardous, unhealthy and environmentally detrimental materials. (see list below)
- 4. Reduce Energy Use** -- Choose energy efficient appliances, windows and heating/cooling systems.
- 5. Keep it Clean and Healthy** -- Once your home is complete, avoid unhealthy cleaning materials and fragrant air fresheners.

Top 10 Green Building Materials

- 1. Safecoat Paint** – not just eco-friendly, but truly toxin-free
- 2. EcoTimber Flooring** – the absolute purest play in the world of eco-friendly and healthy wood flooring
- 3. Non-toxic Cabinetry** – we fabricate our own cabinets called GDC Private Collection
- 4. Formaldehyde-free Insulation** – many options to choose from
- 5. IceStone Recycled Glass Countertops** – high recycled content, completely inert
- 6. American Clay Plaster** – excellent alternative to paint, very stylish and quite functional
- 7. Alternative Building Materials such as ICFs** – basically eliminate the possibility of mold in exterior walls
- 8. Radiant Heating** – ultra energy efficient, very comfortable
- 9. Low-Flow Toilets and Showerheads** – a simple low-flow showerhead can save 30% to 70% of water when showering
- 10. Marmoleum, Natural Linoleum Flooring** – beautiful, unbelievably durable, completely natural and anti-bacterial.

BULK GOODS

Keweenaw Coop Natural Foods and Grocery

1035 Ethel Ave

Hancock, MI 49930

906-482-2030

info@keweenaw.coop

www.keweenawcoop.org

Full line of natural food products including organic produce, bulk goods, bulk spices, cleaning products, health care, vitamins, beer, wine, deli counter. Hours Mon-Sat 10-8, Sun 10-5.

BUSINESS SERVICES & SUPPLIES

Biz Resource Center

Finlandia University Portage Campus Room 321
200 Michigan Street
Hancock, MI 49930
906-487-7225

Provides computers and business reference books to help businesses start up and succeed.
Arranges appointments with business counselor Roger Woods of Homer Productivity.

Office Max

1701 Memorial Road
Houghton, MI 49931
906-483-0465

Carries some office products made from recycled materials.

CLEANING PRODUCTS

Keweenaw Coop Natural Foods and Grocery

1035 Ethel Ave

Hancock, MI 49930

906-482-2030

info@keweenaw.coop

www.keweenawcoop.org

Full line of natural food products including organic produce, bulk goods, bulk spices, extensive stock of non-toxic cleaning products, health care, vitamins, beer, wine, deli counter. Hours Mon-Sat 10-8, Sun 10-5.

CLOTHING, SECOND-HAND

Goodwill

911 Razorback Drive
Houghton, MI 49931
906-482-3680

Full range of used goods including clothing.

Salvation Army

435 Hancock
Hancock, MI 49930
906-482-4596

Full range of used goods including clothing.

St. Vincent de Paul

204 W Quincy Street
Hancock, MI 49930
906-482-7705

Full range of used goods including clothing.

CLOTHING REPAIRS

DeeDee's Alterations

202 E. Montezuma
Houghton, MI 49931
906-482-8313

Reasonable rates for altering and repairing clothing.

CLOTHING/TEXTILES, LOCALLY-MADE

Distant Drum

Andrea Puzakulich
200 Michigan Street Room 210
Hancock, MI 49930
906-487-7460

Designer / hand-crafter of original one-of-a-kind clothing, using some recycled clothes and textiles. Designs clothing for comfort, versatility, lastability and easy care, with a "less is more" philosophy. Studio and retail boutique open weekday afternoons; call first to confirm.

COMMUNITY ORGANIZATIONS

Copper Country Audubon

P.O. Box 124
Houghton, MI 49931

Local chapter of the Michigan Audubon Society. Works to preserve habitat for birds. Sponsors outings and lectures.

FOLK (Friends of the Land of Keweenaw)

P.O. Box 213
L'Anse, MI 49946

Established to oppose the siting of pulp / paper mills on Keweenaw Bay. Continues to promote water quality and healthy environment in the Lake Superior Watershed and the Keweenaw.

Keweenaw Sustainability Project

www.keweenawsustainability.org

Formed to promote sustainability, community, and locally-based lifestyles. Sponsors forums and educational efforts.

Save the Wild U.P.

www.savethewildup.org

Formed to stop a proposal for sulfuric acid mining in the Yellow Dog Plains.

Sustainability Resource Room

Finlandia University, Portage Campus
200 Michigan Street
Hancock, MI 49930

Next to the Daily Grind Cafe, this drop-in space includes a small library of sustainability-related books and magazines as well as a sustainability idea wall, where anyone can write an idea for more sustainable practices and pin it up.

Upper Peninsula Environmental Coalition

P.O. Box 673
Houghton, MI 49931
906-524-7899

www.upenvironment.org

Works to protect and maintain the unique environmental qualities of the U.P. through education and watchdogging industry and government.

EDUCATION

Finlandia University

609 West Quincy Street

Hancock, MI 49930

906-482-5300

www.finlandia.edu

Private Lutheran university. Offers interdisciplinary Arts, Culture and Environment (ACE) program and Sustainable Design program, among several others. Library contains special collection of conservation books.

Michigan Technological University

1400 Townsend Drive

Houghton, MI 49931

906-487-1885

www.mtu.edu

Public university with extensive engineering departments as well as life sciences, social sciences, and humanities. Civil and environmental engineering department. Sustainable Futures Initiative.

ENERGY

Midwest Alternative Energy Association

7558 Deer Road
Custer, WI 54423
715-592-6595
info@the-mrea.org
www.the-mrea.org

Promotes renewable energy, energy efficiency, and sustainable living through education and demonstration. Holds Midwest Alternative Energy Fair in central Wisconsin every June, for years the biggest renewable energy event in the central U.S.

Northern Options

Energy Education and Services
205 S. Front Street, Suite 2F
Marquette, MI 49855
906-226-1136
www.northernoptions.org

Educates the public about energy efficiency and renewable energy options. Provides energy management services for homes and businesses, including energy assessments.

Superior Alternative Energies

747 7th Street
Laurium, MI 49913
906-337-6639
frankunderdown@yahoo.com

Custom-designed systems including wind turbines, hydrogen production, fuel cells for businesses and homeowners

FOOD

Farmer's Markets

Hancock Tori

Montezuma Park

One block south of City Hall

Hancock, MI

Contact Jeanne Medlyn, 482-1605, or Martha Sohlden, 523-4469

“Tori” is the Finnish word for “market.” The Hancock Tori hosts vendors of fresh local produce, baked goods, preserves, handcrafts, etc.. Open during summer on Wednesday and Saturday, 9 a.m. to 2 p.m. (or until sold out).

Growers

Gierke Blueberry Farm

John and Lynn Gierke

37915 Klingville Road

Chassell Township

906-523-6112

U-Pick blueberries, about 10 acres. Season starts late July or early August, runs through August. Check for open days on the farm's blog at <http://gierkeblueberryfarm.blogspot.com>. No chemical spraying.

Hughes Farm

Gary and Pat Hughes

53206 Golf Course Road

Schoolcraft Township

906-337-5185

30 different kinds of vegetables, strawberries, raspberries, apples, cherries, grapes. Usually open from July to October. Seasonal market hours: 11 to 4, Tuesday, Thursday, Saturday. No spraying (certified organic in 1990s, but no longer filing paperwork for certification)

Lennington Farm

Tom and Marian Lennington
51702 Shepherd Ridge Road
Torch Lake Township
906-296-9826

Produce; pasture-fed lamb; free-range chicken. Call first to place orders and before visiting. Lenningtons also operate Dennis Greenhouse on Bootjack Road just south of M26, selling perennial shrubs and trees, starter plants; ordered produce can be picked up at the greenhouse. No spraying (not certified, but use organic practices).

Rowantree Farm

Colleen and John Hix
P.O. Box 624
Houghton, MI 49931 (farm is just north of Hancock)
906-281-2980
c_hix@hotmail.com

Naturally-raised meat and poultry products, including free-range eggs, range-raised chicken and turkey, nitrate-free pork sausage and bacon, lamb, and mutton. (Also sell chemical-free, naturally colored fine wool and fleeces.) Farm is off-grid, low-input; animals are humanely treated, confined only as necessary, and given no antibiotics, hormones, or growth stimulants.

Retail outlets

Keweenaw Coop Natural Foods and Grocery

1035 Ethel Ave
Hancock, MI 49930
906-482-2030
info@keweenaw.coop
www.keweenawcoop.org

Full line of natural food products including organic produce, bulk goods, bulk spices, cleaning products, health care, vitamins, beer, wine, deli counter. Hours Mon-Sat 10-8, Sun 10-5.

Supplemental Listings

For additional listings, please see
<http://www.marquettefood.coop/upfarmdirectory.php>

GARDENING

Coming: contact information for local community gardens

HEALTH/WELLNESS

By Nature

901 W. Sharon Ave
Houghton, MI 49931
906-482-8886

Retail outlet selling natural foods, vitamins, and supplements. Hours Mon-Sat 10- 6.

Keweenaw Coop Natural Foods and Grocery

1035 Ethel Ave
Hancock, MI 49930
906-482-2030
info@keweenaw.coop
www.keweenawcoop.org

Full line of natural food products including organic produce, bulk goods, bulk spices, cleaning products, health care, vitamins, beer, wine, deli counter. Hours Mon-Sat 10-8, Sun 10-5.

LAND CONSERVATION

Gratiot Lake Conservancy

P.O. Box 310
Mohawk, MI 49950
906-337-5476

Preserves land in the Gratiot Lake watershed in Keweenaw County.

Keweenaw Land Trust

801 N Lincoln Drive
Hancock, MI 49930
906-482-0820
www.keweenawlandtrust.org

Works to preserve land and open space in Baraga, Houghton and Keweenaw counties through establishment of preserves and conservation easements. Protects land, water, and quality of life through conservation, stewardship and education.

North Woods Conservancy

P.O. Box 124
Calumet, MI 49913
906-337-0782
www.northwoodsconservancy.com

Preserves land on the Keweenaw Peninsula and especially the Gratiot River watershed through purchase and preservation. Dedicated to the preservation and enhancement of natural areas for the benefit of native biological diversity, science and education, and public enjoyment.

The Nature Conservancy

109 W Baraga
Marquette, MI 49855
906-225-0399
www.nature.org

Preserves land and natural habitat throughout the U.P., including conservation easements and owned preserves in Houghton and Keweenaw counties.

RECREATION

Coming: sustainable recreation opportunities in the Keweenaw

RECYCLED AND SECOND-HAND GOODS

Artis Books & Antiques

429 Fifth Street
Calumet, MI 49913
906-337-1534
artisbooks@charter.net

Locally-owned seller of used books.

Backroom Multi Entertainment

109 Sheldon Avenue
Houghton, MI 49931
906-482-0637

Locally-owned seller of used books, audio-visual media, and more.

The Bookworm

902 Razorback Drive
Houghton, MI 49931
482-0872

Locally-owned seller of used books; rents audio books.

Goodwill

911 Razorback Drive
Houghton, MI 49931
906-482-3680

Full range of used goods.

Salvation Army

435 Hancock
Hancock, MI 49930
906-482-4596

Full range of used goods.

St. Vincent de Paul

204 W Quincy Street

Hancock, MI 4930
906-482-7705

Full range of used goods.

RECYCLING

Michigan Tech Office Paper Recycling

1400 Townsend Drive
Houghton, MI 49931

Accepts office paper on the first Monday of each month, 3:30 – 5:30 p.m., at the loading dock behind the Dow building.

Waste Management Recycling Center

1108 Enterprise Drive
Houghton, MI 49931
906-482-7523

Accepts newspapers, magazines, catalogs, corrugated cardboard, plastics #1 and #2, metal food/beverage cans, metal jar lids, and aluminum foil. Does not accept glass.
Open Mon, Wed 8 – 5, Thur 8 – 7.

Supplemental Information

Additional information about local recycling can be found at
<http://emml.mtu.edu/gem/community/recycle/recycle.htm>

TRANSPORTATION

Cross-Country Sports

507 Oak Street

Calumet, MI 49913

906-337-4520

Second location at: 103 Frue St

Houghton, MI 49931

906-483-2453

www.crosscountrysports.blogspot.com

Sporting goods store. Repairs, rental and sales of bicycles, skis, snowshoes.

Down Wind Sports

308 Sheldon Ave

Houghton, MI 49931

906-482-2500

www.downwindsports.com

Sporting goods store. Sells and services bicycles, kayaks

Hancock Public Transit

399 W Quincy Street

Hancock, MI 49930

906-482-3450

www.cityofhancock.com/info-transit.html

Provides door to door service within area from Quincy Hill to Ripley to Hancock Beach/Campground, and to Copper Country Mall in Houghton. Operates Mon – Fri 7 am - 5 pm. Fares: \$2 children & seniors; \$3 students; \$4 adults. Passes available.

Houghton Public Transit

616 Sheldon Ave

Houghton, MI 49931

906-482-6092

< www.cityofhoughton.com/info-transit.php >

Provides transport on hourly Downtowner Route between Michigan Tech and Copper Country Mall, Mon – Fri 10 a.m. to 5 p.m., with multiple stops along the way. Also provides on-demand services within Houghton Mon – Fri, 7 a.m. to 11 p.m., and weekend evenings. Fares within city limits: \$2.50 children & seniors; \$3 students; \$5 adults.